

Season 3

Episode 3: Further Instructions

Original Air Date: October 18th 2006

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Episode Information:

The fates of Locke, Eko and Desmond are revealed after the implosion of the hatch, while Hurley returns to the beach camp to tell the tale of what happened when he, Jack, Kate and Sawyer encountered The Others. Meanwhile, Claire is shocked to find Nikki and Paulo in Jack's tent.

New Characters:

- Nikki - One of the flight 815 “survivors” - On Island
- Paulo - One of the flight 815 “survivors” - On Island
- Eddie - Undercover Police Officer - Flashback Off Island
- Lizzy, Adam, Bobby, Jan, Kim, Mike - Communes - Flashback Off Island

Overall Episode Discussion Theme:

- “Further Instructions” deals primarily with the fact Locke is easily manipulated and is searching for a “family”.

Key Show Facts:

- Locke wakes up after the implosion of “Station 3” unable to speak.
- While inside the sweat lodge he built, Locke is told to clean up his own mess – referring to the fact he must save Mr. Eko.
- Locke finds Mr. Eko in a cave inhabited by one of the polar bears on the island.
- Upon returning to the rest of the survivors Locke gives a speech indicating that he will set out to save Jack, Sawyer, and Kate.
- Flashbacks reveal more about Locke’s search for a familial structure, his susceptibility to manipulation, as well as the fact he views himself as a hunter.

Time to speculate on the show – Sample Topics

- Why were there polar bears on the island?
- Is there some external force manipulating Locke?

Scripture: **Daniel 6: 16,17,19-22 (The Message)**

The king caved in and ordered Daniel brought and thrown into the lions' den. But he said to Daniel, "Your God, to whom you are so loyal, is going to get you out of this." A stone slab was placed over the opening of the den... At daybreak the king got up and hurried to the lions' den. As he approached the den, he called out anxiously, "Daniel, servant of the living God, has your God, whom you serve so loyally, saved you from the lions?" "O king, live forever!" said Daniel. "My God sent his angel, who closed the mouths of the lions so that they would not hurt me. I've been found innocent before God and also before you, O king. I've done nothing to harm you." When the king heard these words, he was happy. He ordered Daniel taken up out of the den. When he was hauled up, there wasn't a scratch on him. He had trusted his God.

- What theme/point is being communicated in Daniel 6: 16,17, 19-22?
 - What does it mean to you?
 - What does the scripture say about faith?
- What biblical story seems to be exemplified in the events of this episode?
 - **Summary:** Daniel was a great man of faith and prayer. When he had to choose between praying to God or facing death for his beliefs, he was faithful to God. He was protected all night by an angel when he was thrown in a den of lions.
 - Is Mr. Eko like Daniel?
 - He was in the hatch when it imploded as a consequence of his firmly held belief that it was God's will he push the button. While he suffered more scratches than Daniel, Mr. Eko survived his time in the polar bear cave, until Locke appeared and rescued him

What is a family?

Definition -

“A family consists of a domestic group of people (or a number of domestic groups), typically affiliated by birth or marriage, or by comparable legal relationships — including domestic partnership, adoption, surname and (in some cases) ownership (as occurred in the Roman Empire). Although many people (including social scientists) have understood familial relationships in terms of "blood", many anthropologists have argued that one must understand the notion of "blood" metaphorically, and that many societies understand 'family' through other concepts rather than through genetics.” - Wikipedia

Why is Locke looking for a family community?

What is important about a family?

- Why do we need one?
- Do we need one?
- Families supply individuals...
 - Sense of belonging
 - Unique Identity
 - Emotional support and comfort
 - Warmth, nurturing, appreciation, and encouragement
 - Protection and security
 - Critical sense of value
 - Historical linkage
 - Education
 - Communication, open forums for discussion, and expression of opinion.
 - Part of a community – togetherness (balanced with independence)
 - Shared Values

What needs have Locke managed to fill with his being part of this group?

What is important to you about your family?

- What do you like about it?
- What needs does it meet?

Clip 2 – Family II – 16:30 – 19:00 – Thank you... for helping me find a real family.

What makes being part of a family difficult?

- What challenges are there?
 - Generational differences and age conflicts
 - Proximity
 - Competing needs and wants
 - Insecurity
 - Power struggles
 - Miscommunication
 - Disagreement with, or violation of, rules and agreements.

What challenges, for those who remember, are a part of Locke’s familial past?

How are these difficulties made worse?

- Avoiding conflict – changing subjects, not talking about issues
- Reacting emotionally – becoming angry, aggressive, hysterical, frightening
- Blaming other people or making up excuses

What makes being a part of your family difficult?

Clip 3 – Family III – 39:39 – 41:40 – I’m going to find our friends.

How then can we make our familial relationships better?

- Talk about needs/frustrations/issues before they actually arise
- Create a safe environment to talk about things
- Clarify problems
- Listen carefully to one another
- Brainstorm ways in which compromises can be reached
- Have a process for resolving problems and commit to the reached agreements
- Use I, instead of you statements and avoid put downs or emotional “triggers”
- Soften your tone, keep an eye on your body language, and take time away from the discussion if necessary.
- Acknowledge and attempt to see from the other person’s point of view

What does the last part of the clip say about Locke?

Devotional Activity:

Familial Balance

Give each person a small sheet of paper and a pen or pencil. Review what we have learned in regard to establishing better relationships within our families. Take a few minutes and have each person think of one thing they are willing to take the time to be more mindful of in regards to someone in there family (i.e. - I will... be respectful of the fact my mother needs some time to herself, punch my brother in the face less, or remember to call my dad on his birthday). Then have everyone think of one thing they need from their family (i.e. – I need... more encouragement to tryout for the football team, more privacy and trust, to be free to be who I am [not necessarily who they want]). Now have each person separate the piece of paper into two parts, keeping the “I Will” part for themselves and giving the “I need” part to whoever can best help them satisfy their request.

Further Speculation:

- How did Desmond know Locke would give the speech?

Clip times refer to episodes presented without commercials (i.e. On a DVD or legally downloaded through iTunes - <http://phobos.apple.com/WebObjects/MZStore.woa/wa/viewTVSeason?i=200749249&id=200507719&s=143441>).

Most recent episode also available at <http://dynamic.abc.go.com/streaming/landing> - streaming only.

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